

Canadian Internationals
1980 Brampton, Ontario, Canada



Goodwill Games
1994 St. Petersburg, Russia



September 15, 2024
SUNDAY
**Doug Yates Fighting
Seminar – Point fighting**

Kids 12 & Under: 1:15 - 2:30 PM
Teens & Adults 13 & Over: 2:45 - 4:30 PM

Training Fee: \$30 – PAY AT DOOR or to PAY ONLINE

Topics of Training

***- Closing the Distance – Angles of Attack – Sweeps -
Counterstrikes – Finding “deadzones” when opponent
attacks - Timing – Combinations with Hands and Feet***

Go to:

www.dougyateskarate.com

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