

DOUG YATES 2019 ELITE TRAINING **Karate Summer Camp**

AUGUST 9 - 11

4H CAMP CLIFTON

For more information, 937-270-9564.



Kata

Pizza Party



Kumite

Swimming



Drills

DOUG YATES 2019

ELITE TRAINING SUMMER CAMP

WHEN:

Friday, August 9 - Sunday, August 11
Check-in: Friday, August 9 at 6:00 PM.
Check-out: Sunday, August 11 at 12:00PM

WHERE:

4 H Camp Clifton
2256 Clifton Road
Yellow Springs, Ohio 45387

CAMP FEE

Camp fees are listed below, with discounts for additional family members.

1 Student: \$159
2 Students: \$284 *Save \$25*
3 Students: \$393 *Save \$84*

Parents wishing to stay in the cabins with their children: \$50 for entire weekend

NOTE: Children 6 and under spending the night must be accompanied by an adult parent or guardian.

LODGING

Campers staying overnight will sleep in cabins. **Children 6 and under must be accompanied by an adult parent or guardian if spending the night.** The cost for an accompanying parent/guardian is \$50 for the weekend.

Campers who do not wish to spend the night, may go home and return the next morning. Check-in time on Saturday and Sunday is 8:00AM for those campers wishing to eat breakfast at camp or 9:15AM for those arriving for the morning training session.

MEALS

Friday, August 9:

Campers are encouraged to eat dinner before coming to camp on Friday, August 9. There will be a pizza party at 9:00PM on Friday.

Saturday & Sunday:

Meals will be provided for all campers on Saturday and Sunday. Students who choose to go home for the evening are invited to return in the morning for breakfast. Breakfast starts at 8:00AM.

CAMPER CHECKLIST:

- ___ Bedroll
- ___ Pillow
- ___ Toiletries (toothbrush, toothpaste, shampoo, etc.)
- ___ Towel & Wash Cloth
- ___ Bug Spray
- ___ Swimsuit
- ___ Life vest or personal flotation device
Required for all children 6 and under who will be swimming without a parent or guardian present.
- ___ Play Clothes (recommend at least 2)
- ___ Tennis Shoes
- ___ Karate Uniform (recommend at least 2)
- ___ Karate Weapons
- ___ Sparring Gear
- ___ Note Pad & Pencil

CAMP SCHEDULE:

FRIDAY

- 6:00PM - 6:30PM - Check in for all students, Cabin Assignments
- 6:30PM - 8:00PM - Swimming (*Life vest or personal flotation device required for all children 6 and under who will be swimming without a parent or guardian present.*)
- 8:15PM - 9:00PM - Evening Training Session
- 9:00PM - 10:00PM - Pizza Party
- 10:15PM - *Check-out for all campers not spending the night*
- 10:30PM - Lights Out

SATURDAY*

- 7:30AM - Rise & Shine
- 7:45 AM - *Check-in for campers who did not spend the night, but who wish to eat breakfast at camp*
- 8:00AM - 9:00AM - Breakfast
- 9:15 AM - *Check-in for campers who did not spend the night*
- 9:30AM - 11:00AM - Morning Training Session
- 12:00PM - 1:00PM - Lunch
- 2:00 PM - 3:15 PM - Afternoon Training Session
- 3:30 PM - 5:30 PM - Hiking with Adult Leader / Swimming (*Life vest or personal flotation device required for all children 6 and under who will be swimming without a parent or guardian present.*)
- 6:00PM - 7:00PM - Dinner
- 7:45PM - 9:15PM - Evening Training Session
- 9:15PM - 10:30PM - Camp Fire & Karaoke
- 10:15PM - *Check-out for all campers not spending the night*
- 10:30PM - Lights Out

**Younger campers who do not wish to remain for the evening training session or activities may be checked-out any time after 5:30PM.*

SUNDAY

- 7:30AM - Rise & Shine
- 7:45 AM - *Check-in for campers who did not spend the night, but who wish to eat breakfast at camp.*
- 7:45 - Morning Devotion (*optional*)
- 8:00AM - 9:00AM - Breakfast
- 9:15 AM - *Check-in for campers who did not spend the night.*
- 9:30AM - 11:00AM - Morning Training Session
- 11:00AM - 11:30AM - Camp Pictures
- 12:00PM - Departure. All Students Check-Out

CAMPER REGISTRATION FORM

Camper Name: _____ Age: _____ Gender: Male / Female

Parent/Guardian Name: _____ Relationship: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____

Camper will be spending the night*: Yes / No

Parent plans to spend the night: Yes / No

**Children 6 and under must be accompanied by an adult parent or guardian.*

Emergency Contact:

Name: _____ Relationship: _____

Phone: _____

Allergies/Medical Concerns (list below):

Martial Arts School Information

School: _____ Instructor: _____

Belt Rank: _____

AGREEMENT/WAIVER

I agree to follow instructions given by camp instructors. I will abide by all safety rules during and away from class. I will not leave the campground without permission. All hiking will be done in groups with at least 1 adult present. I attest that I am in physical condition that would allow me to participate without injury to others or myself. I agree to hold harmless 4H Camp Clifton, Roy Thomason, Doug Yates, or any other appointed instructor in the case of an accidental injury during or away from class while at camp.

Student Signature

Date

Parent/Guardian Signature (if under 18)

Date

