

## Doug Yates Karate Class Hours

<b>Xenia Class Schedule</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	
							10:00 - 10:30 AM Mity Mites	
		6:30 - 7:15 PM Beginner Kids	6:00 - 6:45 PM Intermediate / Advanced Kids	6:30 - 7:15 PM Beginner Kids	6:00 - 6:45 PM Intermediate / Advanced Kids			11:00 - 11:30 AM White & Orange 11:30 - 12:00 PM Yellow to Purple
			6:45 - 7:30 PM Kumite ALL RANKS		6:45 - 7:30 PM Kumite ALL RANKS	6:30 - 8:30 PM Black Belt Class		12:00 - 12:30 PM Brown & Black Belt
	7:30 - 8:15 PM Adults	7:30 - 8:30 PM Kickboxing	7:30 - 8:15 PM Adults	7:30 - 8:30 PM Kickboxing			12:30 - 1:30 PM Competition Team Workout	

<b>Piqua Class Schedule</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	
			6:00 - 6:45 PM Kids Class		6:00 - 6:45 PM Kids Class			9:30 - 10:00 AM Mighty Mites
			7:00 - 7:45 PM Adults Class		7:00 - 7:45 PM Adults Class			10:15 - 11:15 AM Open Workout